

2nd Annual Norwich Dual Meet tournament
No Varsity Experience, Clubs welcome
Round Robin Format

Date; January 31, 2010

Place; Norwich Family YMCA, 69 North broad St. Norwich, NY 13815

Entry fees due by 1/16/10, Make payable to Norwich wrestling boosters and mail to: Norwich Jr Wrestling, 27 Newton Ave, Norwich NY, 13815

Weigh-ins; 6:30am to 8am

Coaches meeting; 8:15am to 8:45am

Wrestling to start at 9am

Entry fee; \$300.00 per team and 2 dollars for spectators

Awards; Trophies for every team, 1st, 2nd, 3rd, 4th, 5th and 6th places in each group (age is that the day of the tourney) A copy of your birth certificate is required, please bring one or you will not be allowed to wrestle.

Concessions available all day

(6) Teams for kids 8 and under with weights as follow;

38,40,43,45,48,51,54,56,58,60,63,66,69,72,75,80,85

(6) teams for kids 9 to 12 years old with weights as follow;

60,64,68,72,76,80,84,88,93,97,102,106,110,114,117,121,125

NO VARSITY EXPERIENCE

You can weigh more kids in and move kids one weight if needed. If you sign up for one age group you wrestle that all day.

A wrestler can only move up one weight class from that they weighted in at.

If you do not make the weight by 8:15am you do not wrestle that weight.

Wrestling will be three one minute periods and scoring will be high school scoring. A coin toss by the ref at the beginning of the match will determine who has odd and even weight classes for second period choice. We will all start at the lowest weight and work from there so everyone gets the same amount of rest between matches.

Three one minute periods with overtime going 1,30,30/first point scored

Contact information; Tim Scheer at 607-334-6215 or cell# 607-316-0472

or at buckmaster_tim@yahoo.com

