

Camp Application

Name: _____

Age: _____ Grade: _____

School: _____

Address: _____

Phone: _____

Emergency
Contact: _____

Phone: _____

I give my child permission to attend and participate in the 2017 Spartan Summer Wrestling Camp. I understand that his participation in this camp involves risks and dangers that could result in serious bodily injury. I also understand that the Spartan Summer Wrestling Camp and its staff will not assume any responsibility for any accidents, medical or dental, or any other expenses incurred as a result of injury during this camp. I verify that my child has medical insurance and a physician has determined he is physically able to participate in the 2017 Spartan Summer Wrestling Camp. I agree to allow my child to be treated by a certified trainer or licensed physician while attending (if necessary).

Parent / Guardian Signature

Date

Daily Schedule

4:30 – 4:50 Warm Up Drills

4:50 – 6:30 Technique Session

6:30 – 6:45 Break

6:45 – 7:30 Technique / Review

7:30 – 8:00 Live Wrestling

8:00 Dismissal



Entry Fee: \$60
SJSC Wrestlers: \$25

Make checks out to:

South Jefferson Varsity Club

2017 Spartan Summer Wrestling Camp



Mitch Clark



Justin Lister

July 3rd, July 5th-7th

**South Jefferson Central
Schools
Middle School Gymnasium
4:30 PM – 8:00 PM
July 7th 9:00 AM - 12:00**

2017 Camp Staff

Mitch Clark

NCAA Div. I National Champion @
Ohio State University
2 Time National Finalist
High School National Champion

Justin Lister

NCAA Div. I All-American
2 Time CAA Champion
2 Time NYS Collegiate Champion

Mike Conners

Asst. Coach @ SUNY Oswego
HS Coaching Record: 510-43
Teams won 55 Section III Team
Championships
NCAA Div. III National Champion
Olympic Sports Festival Silver
Medalist

Jason Bovenzi

2 Time NCAA Division III
Champion @ St. Lawrence and
Ithaca College
3 Time All-American
NCAA Div. III Hall of Fame
Head Coach @ R.I.T.
Head Coach / Director Apex W.C.

2017 Camp Staff

Pat Conners

Coach @ South Jefferson H.S.
Coaching Record: 432-90
Coached teams to 15 Section III
Titles
NCAA Div. III National Champion

John Canty

NCAA Div. III Runner up @ St.
Lawrence University
2 Time NCAA Div. III All-American
Section 9 Coach of the Year

Joe Beach

Assistant Coach @ South
Jefferson
Empire State Games
Greco Roman Champion

Kris Shirley

Assistant Coach @ South
Jefferson
High School All State Wrestler

2017 Camp Application

T-Shirt Size (Check One)

Youth Medium: _____

Youth Large: _____

Adult Small: _____

Adult Medium: _____

Adult Large: _____

Adult X-Large: _____

Return application and entry
fee to:

Pat Conners
25 Roberts St.
Adams, NY 13605