



37th Anniversary International Wrestling Festival March 8, 9 & 10th 2019
VVS (Vernon Verona Sherrill) High School, 5275 NY-31, Verona, NY 13478

Exit 33 off the NYS Thruway, Take a right at the Light, at your next traffic light turn right onto NY-31 (East) and about a mile down the road you will see the school on the right. Before the school is Beacon Light Rd, turn right onto Beacon Light Rd and make the second left into the parking lot of the school.

\$25 for Freestyle/ \$20 for Greco or **\$40 for both styles when paid at the same time.** PLUS all wrestler's must have a current USA Card, Canadian Prov, or International Fed. Card. USA Cards can be purchased online @ www.themat.com

TEAMS ARE ENCOURAGED TO EMAIL OR FAX US THEIR WEIGH-INS Prior to **Friday March 8th at 4pm**

FAX 866-481-5589 EMAIL TeamMVWC@hotmail.com

Contact Don McGee at 315-633-5300 or Jamie Pellenz at 315-657-0374

Schedule of Events

Friday March 8th Freestyle Weigh-ins, Open Mats Session and Referee/Pairing Clinic from 7-8:30pm

Saturday March 9th FREESTYLE

- 7:30-8:00am weigh-ins for Freestyle
- 9:30am Coaches Meeting
- 10:00am 14U (Schoolboy) 16U (Cadet) & Junior Wrestling begins
- 12:00pm Female & Open Wrestling begins
- 4:00pm Greco Weigh-ins begin and conclude 30mins after last match

Sunday March 10th Greco

- 8:00-8:30am Weigh-ins for Greco (Cadet, Junior and Open only)
- 10:00am 16U (Cadet), Junior/Open Wrestling begins

Weight Classes and Divisions

Weights are in pounds and the tournament Pairers reserve the right to combine weight classes

There is a 1 kilo allowance for the Greco weigh in for wrestler's who wrestle Freestyle

14U (Schoolboy 2005-2006) 71,77, 83, 87, 90, 97, 102, 106, 110, 114, 119, 125, 130, 136, 149, 165, 187 & 250

16U (USA Cadet 2003-2004) 88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 & 285

USA JR (9/1/99-12/31/2004 & enrolled in 9-12 grade) 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 & 285

OPEN 125.7 (57kg), 134.5 (61kg), 143.4 (65kg), 154.3 (70kg), 163.1 (74kg), 174.2 (79kg), 189.6 (86kg), 202.8 (92kg), 213.8 (97kg) & 275.6 (125kg)

FEMALE HIGH SCHOOL 94, 100, 106, 112, 117, 122, 127, 127, 132, 138, 144, 152, 164, 180, 200 & 225

Tournament Info, accommodations and places to see and eat.

The Mohawk Valley International Wrestling Festival is a major wrestling event held annually in New York State. The festival showcases some of the best talent in our area, New England and Canada in Freestyle and Greco Roman Wrestling. It is typical that competitive teams from Canada come down as well as International teams from abroad. This is a festival celebrating wrestling, allowing participants to compete both days under Festival Rules. UWW International rules with USA modifications and USA weight classes.

There is a maximum of 16 wrestlers in each weight class. Weight classes that have more than 16 wrestlers entered will be split into 2 separate classes each with it's own tournament champion.

The Junior Division (wrestlers in grades 9-12) will recognize USA restrictions.

Awards- Mugs for 1st, 2nd & 3rd and Ribbons for 4th, 5th and 6th and Team Awards for each division.

There will be a full concession stand available during the tournament.

The Turning Stone Casino and Resort is located at the same Thruway exit as the tournament. There are 5 restaurants onsite, including an outstanding All You Can Eat Buffet and they also have 3 hotels, an RV site and a motel. Across the street from the casino are more hotels.

Hotel Accommodations at the Casino Phone 800-771-7711

La Quinta Inn 5394 Willow Pl, Verona, NY 13478•(315) 231-5080

Fairfield Inn and Suites by Marriott 5280 Willow Pl, Verona, NY 13478•(315) 363-8888

Microtel Inn & Suites 5118 NY, NY-365, Verona, NY 13478•(315) 363-1850

Places to visit; Destiny USA, Syracuse University, MOST (Museum of Science and Technology), Downtown Syracuse and Turning Stone Casino and Resort
Restaurants within 3 miles of the tournament; Verona Hotel, Recovery Sports Grill, The Black Stallion Restaurant

2019 Mohawk Valley International Wrestling Festival

Official Entry Form (please PRINT IN CAPITAL LETTERS)

FREESTYLE \$25.00 GRECO \$20.00 **\$40 for both styles** when paid at the same time

TEAMS ARE ENCOURAGED TO EMAIL OR FAX US THEIR WEIGH-INS Prior to **Friday March 8th at 4pm**

FAX 866-481-5589

EMAIL TeamMVWC@hotmail.com

NAME _____ USA Card# _____

ADDRESS _____ Date of Birth _____

CITY _____ STATE _____ ZIP CODE _____ HOME PH# _____

SCHOOL OR CLUB _____ Grade in School _____

FREESTYLE \$25 _____ GRECO \$20 _____ WOMEN'S FREESTYLE \$30 _____

ALL WRESTLERS MUST PASS A SKIN CHECK AT WEIGH INS

**Official Use Only CATEGORY _____ ACTUAL WEIGHT _____ WEIGHT CLASS _____

MOHAWK VALLEY INTERNATIONAL WRESTLING FESTIVAL

PARTICIPANT'S WAIVER AND RELEASE

In consideration of being allowed to participate in any way in USA Wrestling's athletic/sports program and related events and activities, the undersigned:

- A. Agree that prior to participating, they each will inspect the facilities and equipment to be used, and if they believe anything to be unsafe will immediately advise their coach or supervisor of such condition(s) and refuse to participate.
- B. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions or negligence, but the actions, inactions or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
- C. Assume all the forgoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.
- D. Release, waive discharge and covenant not to sue USA Wrestling, its affiliated clubs, their respective administrators, directors, agents, coaches and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable owners and leasers of premises used to conduct the event, all of which hereinafter referred to as "releases", from any and all liability to the undersigned, his or her heirs and next of kin, for any and all claims, demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.

Print Name _____ Signature _____ Date _____

(Parent or Guardian if participant is under 18)