

2024 Spring Ithaca Wrestling Club Folkstyle Clinic

Date/Location: Sunday, April 21

Ithaca High School 1401 N. Cayuga Street Ithaca, NY 14850

Schedule:

Check-in: 8:00- 9:00 am

Session 1: 9:00 - 11:00 am

Session 2: 11:30am - 1:30 pm

Coaches:

Marc Israel: *Assistant coach- Ithaca College Men's Wrestling Team, 2x NCAA All-American, 5th all-time in wins Ithaca College*

Eze Chukwuezi: *Assistant coach- Ithaca College Men's Wrestling Team, 3x NCAA All-American, 4-time NCAA Qualifier*

Josh Antoine: *Assistant coach- Ithaca High School Boy's Wrestling, former assistant coach@SUNY Cortland, NCAA National Qualifier- SUNY Cortland, NJCAA 2X Qualifier- Nassau CC, NJACC All-American, Fargo Greco All-American*

- Members of the Ithaca College Wrestling team will be assistant coaching

Cost: \$45 check to Ithaca Wrestling Club (cash paid at the door or mailed to Karen LaFace, 104 Homestead Road, Ithaca, NY 14850), or Venmo: @IthacaWrestlingClub

Participants: Open to the first 60 high school boys or girls (or high school-level wrestlers)

Parking: Park in the main lot on N. Cayuga Street and enter the school via Q gym entrance



To register for the clinic,
scan this QR code

An active USA Wrestling
membership ID is required
to participate. To enroll go to
www.usawmembership.com

Any questions, contact Andrew Getzin, agetzin69@gmail.com or cell 607-279-2221