

NY WESTERN REGION WRESTLING FESTIVAL

FR EESTYLE/GRECO ROMAN SPRING TOURNAMENT

Saturday, April 27th

Batavia High School, 260 State St Batavia, NY 14020

Registration: **\$40 online @ Trackwerstling.com**

USA Wrestling Card Required.

Available at USAMembership.com

Register Due:

By 7pm Wednesday, April 24, 2024

Ages:

10U,12U ,14U,16U, Junior, OPEN

Weigh Ins:

**Friday April 26, 2024 from 6-7pm &
Saturday April 27, 2024 7-8am Madison
System**

Weight Classes:

Format:

**Round Robin, Freestyle & Greco will
alternate each round**

Officials:

**NYS USA Wrestling certified officials Contact Rick
Stewart 585-409-1742 allstarfence2005@yahoo.com**

Questions:

WEIGHT CUTTING: The use of hot rooms, hot showers, hot boxes, saunas, steam rooms, heating devices, diuretics and laxatives for rapid weight reduction purposes is prohibited for all USA Wrestling events. The use of vapor-impermeable clothing (i.e., plastic sweats) for the specific purpose of rapid weight reduction is prohibited. Any method that raises the athlete's body temperature for the specific purpose of rapid weight reduction is prohibited. Violation of these rules at USAW sanctioned events shall cause the individual(s) in question to be suspended from the competition. The Tournament Committee for the specific event will address each case. The decision of the tournament committee shall be final. A second violation will result in the suspension of the individual(s) from any USAW sanctioned event/activities for one calendar year from the time of suspension. Any individual assisting an athlete in prohibited weight reduction practices shall be held to the same rules and penalties as athletes, which are listed above.

** Complete rule is printed in the current USAW Rulebook and posted at weigh-in.*

