

# 2<sup>ND</sup> Annual Amsterdam Rams Wrestling Tournament

**Date:** Sunday- April 27<sup>th</sup>, 2025

**Coaches Contact:** Brandon Giaquinto – (518)391-3853 or Email [bgb1234bgb@gmail.com](mailto:bgb1234bgb@gmail.com)

**Location:** Amsterdam High School – 140 Saratoga Ave, Amsterdam, NY 12010

**Visit [www.nyway.org](http://www.nyway.org) to register. ONLINE REGISTRATION ONLY-NO WALK-INS . All wrestlers MUST have either an individual membership or a day pass. All day passes can be purchased in online registration!**

***ATHLETIC TRAINER WILL BE PRESENT ALL DAY AT THE TOURNAMENT IF ATHLETE NEEDS ASSISTANCE!!!***

Youth Tournament – Style: Folkstyle	Youth Tournament – Style: Freestyle and Greco (There will be a Girl’s Division in Each Age Group)	High School Tournament – Style: Freestyle and Greco (There will be a Girl’s Division in Each Age Group)
<p>Cost: \$40.00</p> <p>Tournament will be on Track Wrestling.com and Search the Event using <a href="#">Amsterdam Rams Wrestling Tournament 2025</a></p> <p>***Note: Registration Closes on Friday, April 25<sup>th</sup>, 2025 at 11:59 PM</p> <p>***Session will Have a Max of 250 Wrestlers***</p>	<p>Cost: \$50.00 (Not Wrestling in Both Styles DOES NOT change the Price). (If Wrestled in Youth Folkstyle Tournament in the Morning Session, it will ONLY be an addition \$20.00 with pre-registration).</p> <p>Tournament will be on Track Wrestling.com and Search the Event using <a href="#">Amsterdam Rams Wrestling Tournament 2025</a></p> <p>***Note: Registration Closes on Friday, April 25<sup>th</sup>, 2025 at 11:59 PM</p> <p>***Session will Have a Max of 350 Wrestlers***</p>	<p>Cost: \$50.00 (Not Wrestling in Both Styles DOES NOT change the Price).</p> <p>Tournament will be on Track Wrestling.com and Search the Event using <a href="#">Amsterdam Rams Wrestling Tournament 2025</a></p> <p>***Note: Registration Closes on Friday, April 25<sup>th</sup>, 2025 at 11:59 PM</p> <p>***Session will Have a Max of 350 Wrestlers***</p>
<p>Schedule: This Schedule is subject to Change</p> <p>Weigh Ins: 7:00-8:30 AM</p> <p>Wrestling Begins: 9:00 AM</p>	<p>Schedule: This Schedule is subject to Change</p> <p>Weigh Ins: 10:00-11:00 AM (If weighed in and Wrestled Youth Folkstyle Tournament in the Morning, DO NOT need to weigh in Again!!!)</p> <p>Rules Clinic: 11:45 AM</p> <p>Wrestling Begins: 12:00 PM</p>	<p>Schedule: This Schedule is subject to Change</p> <p>Weigh Ins: 10:00-11:00 AM</p> <p>Rules Clinic: 11:45 AM</p> <p>Wrestling Begins: 12:00 PM</p>
<p><b>Divisions and Ages Groups:</b></p> <p>Div I (5/6 years old)</p> <p>Div II (7/8 years old)</p> <p>Div III (9/10 years old)</p> <p>Div IV (11/12 years old) – No Varsity/JV Experience</p> <p>Div V (13/14 years old) – No Varsity/JV Experience</p>	<p><b>Age Group Divisions (Each Division will also have a Girl’s Division):</b></p> <p>8U (Born 2017-2018)</p> <p>10U (Born 2015-2016)</p> <p>12U (Born 2013-2014)</p> <p>14U (Born 2011-2012)</p>	<p><b>Age Group Divisions (Each Division will also have a Girl’s Division):</b></p> <p>16U (Born 2009-2010)</p> <p>JUNIOR (Born 9/1/2005 and After; HS 9-12)</p>
<p><b>Format:</b></p> <p>Madison Weights and will be grouped into ROUND ROBIN groups, based weight and experience.</p>	<p><b>Format:</b></p> <p>Madison Weights will be Used for all Age Groups. Period Length will be two, 2 Minute periods (2-2) for 8U, 10U, 12U, 14U and 16U. Period Length will be two, 3 Minute Periods (3-3) for Juniors. Each style of wrestling will try to do a 4-Man Round Robin (3 Matches in Freestyle and 3 Matches in Greco). Freestyle will be First and Greco will start as soon as Freestyle is Finished. There is a Girls Division in Each Age Group Division. Note: If there are not enough girls in the 8U-14U we will bracket boys and girls to make it Co-Ed.</p>	<p><b>Format:</b></p> <p>Madison Weights will be Used for all Age Groups. Period Length will be two, 2 Minute periods (2-2) for 8U, 10U, 12U, 14U and 16U. Period Length will be two, 3 Minute Periods (3-3) for Juniors. Each style of wrestling will try to do a 4-Man Round Robin (3 Matches in Freestyle and 3 Matches in Greco). Freestyle will be First and Greco will start as soon as Freestyle is Finished. There is a Girls Division in Each Age Group Division. Note: If there are not enough girls in the 8U-14U we will bracket boys and girls to make it Co-Ed.</p>
<p><b>Spectators/Coaching Passes and Concession Stand:</b></p> <p>\$5.00 for Spectators and \$15.00 for Coaching Pass (Will be given Lanyard to get Access to the Floor to Coach) – NO LANYARD – NO ACCESS TO FLOOR – NEED TO SIT IN BLEACHERS!!!</p> <p>Note: There will be a Concession Stand ALL DAY hosted by the Amsterdam Wrestling Club. PLEASE SUPPORT!!! Thank you!!!</p>	<p><b>Spectators/Coaching Passes and Concession Stand:</b></p> <p>\$5.00 for Spectators and \$15.00 for Coaching Pass (Will be given Lanyard to get Access to the Floor to Coach) – NO LANYARD – NO ACCESS TO FLOOR – NEED TO SIT IN BLEACHERS!!!</p> <p>Note: There will be a Concession Stand ALL DAY hosted by the Amsterdam Wrestling Club. PLEASE SUPPORT!!! Thank you!!!</p>	<p><b>Spectators/Coaching Passes and Concession Stand:</b></p> <p>\$5.00 for Spectators and \$15.00 for Coaching Pass (Will be given Lanyard to get Access to the Floor to Coach) – NO LANYARD – NO ACCESS TO FLOOR – NEED TO SIT IN BLEACHERS!!!</p> <p>Note: There will be a Concession Stand ALL DAY hosted by the Amsterdam Wrestling Club. PLEASE SUPPORT!!! Thank you!!!</p>
<p><b>Awards</b></p> <p>Champion T-Shirts and Medals (1<sup>st</sup> Place), Medals (2<sup>nd</sup> and 3<sup>rd</sup> Place)</p>	<p><b>Awards</b></p> <p>Champion T-Shirts and Medals (1<sup>st</sup> Place), Medals (2<sup>nd</sup> and 3<sup>rd</sup> Place)</p>	<p><b>Awards</b></p> <p>Champion T-Shirts and Medals (1<sup>st</sup> Place), Medals (2<sup>nd</sup> and 3<sup>rd</sup> Place)</p>
<p><b>Vendor</b></p> <p>There will be a Vendor at our Event all day selling singlets, headgear, shorts among other items.</p>	<p><b>Vendor</b></p> <p>There will be a Vendor at our Event all day selling singlets, headgear, shorts among other items.</p>	<p><b>Vendor</b></p> <p>There will be a Vendor at our Event all day selling singlets, headgear, shorts among other items.</p>