Registration Options (all payments are due by the 1st day of camp)

1.) Fill out the form on the next page and return the first day of camp (please email that your wrestler is attending if you are paying and registering on the first day)

2.) Complete registration form and email back to jhkiskiel@gmail.com

3.) Send registration form and payment by mail to John Kiskiel (Address on sign up sheet)

What to Bring:

- **Wrestling Shoes, Running shoes, Headgear (optional) Knee-pads (optional),**
- **Bagged lunch and snacks for lunch break, Water, Gatorade**

Camp Highlights:

- **Individual Attention from coaches with years of wrestling experience**
- **Exposure to collegiate wrestling coaches**
- **Learn and see what it takes to compete at the next level**
- **End of camp round robin tournament**

Tuition:

- **$150 per wrestler (all sessions , tournament, and activities)**
- **Sibling discount available for two or more family members.**
- **Please make checks payable to Bethlehem Wrestling Booster Club**

Philosophy:

- **Off-season wrestling is crucial to the development of competitive wrestlers. Wrestling camps, clinics, and tournaments provide an environment that fosters healthy competition, success, and motivation. This camp will concentrate on the importance of competition and technique in wrestling to help translate what is being taught into future wins. The athletes will participate in technique sessions that break down the fundamentals of wrestling as well as compete in live wrestling and learn how to train and become the best wrestler they can be.**

Contact:

- **Eagles Wrestling Club Head Coach: John Kiskiel (jhkiskiel@gmail.com)**
- **Bethlehem Varsity Head Coach: Chris Braga (cbraga@bethlehemschools.org)**
- **Facebook: Bethlehem Eagles Wrestling Club**

Typical Day: (Times subject to change)

Check in: 8:00am—8:45am

Session #1: 9:00am—11:00am (Instruction, Drill, Live Wrestling)

Lunch Break: 11:00am—12:00pm

Session #2: 12:00pm—2:00pm (Instruction, Drill, Live Wrestling)

End of Day: 2:00pm

Registration:

Athlete Name(s):

Address:

Parent Email:

Parent Contact Phone:

Weight: Age:

School:

Grade Entering Fall 2023:

Parent/Guardian Name(s):

Registration Fees:

# Wrestlers Attending	Cost	Total
@	$150	
First Sibling Full Price, $25 off each sibling after		

Return Form with Check to: John Kiskiel

John Kiskiel
149 Beaver Dam Rd Apt. 1
Selkirk, NY 12158

Waiver/Insurance:

I Realize that participation in any athletic activity Involves risk or injury, I hereby agree to waive any claim against Bethlehem Central School District, and the instructors for any injury that maybe suffered by my child during camp. I will be responsible for all medical or other charges in connection with my child's attendance at camp.

Insurance Company ^ Policy Number ^

Parent/Guardian Signature ^ Date ^