

4TH ANNUAL COACH K DUALS

*Join us in celebrating the legacy and dedication of Don Kovalchik
who devoted 30+ years to our wrestling program.*

Date: December 13th-14th

Location: Norwich City School, High School Gym

89 Midland Dr. Norwich NY 13815

Schedule: Friday- Weigh ins 4:00-4:45, Start wrestling by 5:30, will wrestle 4 duals Friday and the remainder Saturday. If we need to condense to one day due to lack of teams we will wrestle up to 6 duals on Saturday. Will communicate this as the date approaches.

Saturday- Weigh ins 8:00-9:00, Start wrestling by 9:45

Entries: Bring the entire team and we will try to get as many exhibition matches in if needed.

Awards: Plaque will be given to the winning team and individual MOW awards.

Notes: We are hoping and anticipating on making this a bigger, two-day event that will be worth teams traveling for. We are looking for up to 10 teams to attend.

Please contact Garrett Sylstra to register your team.

Garrett Sylstra

Norwich Wrestling Head Coach

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