

21st Annual Valley Duals Wrestling Tournament

Teams: Central Valley Academy & 5 other teams
From: Bob Bush-Central Valley Wrestling Coach
Re: Dual Meet Tournament on Saturday, December 10, 2022 @ Central Valley Academy
Cost: \$300 per team
Please send check or claim invoice made out to Central Valley Central School, c/o Bob Bush.
Format: Each team will wrestle 5 duals in 5 rounds on 3 mats.
Awards: First Place Team, MOW and Unsung Hero award for each team chosen by each team's coach.
Schedule: 6 team Round Robin

<u>Day</u>	<u>Time</u>	<u>Round</u>
Saturday	9:30 am	1
	11:00 am	2(30 minute lunch break after round 2)
	1:00 pm	3
	2:30 pm	4
	4:00 pm	5

Rounds will be moved up if shorter match times exist. Each round will start as soon as both teams are available. We will take about a 30 minute break for lunch at the end of the 2nd round.

There will be food available throughout the day.

Confirmation: Please send in attached sheet committing you to participate in the Valley Duals Wrestling Tournament on December 10th, 2022. If we have not heard from you either by phone: (315) 725-6333(cell), (315) 895-7471(school) or email rbush@cvalleycsd.org by June 30th, we will invite someone else.

Indicates their commitment to compete in the Valley Duals Wrestling Tournament on December 10th 2022

_____ does **NOT** wish to participate in 2022.

Signed _____ Athletic Director

Signed _____ Coach

Please fill out and return immediately to:

Bob Bush
Wrestling Coach
Central Valley Academy
111 Frederick Street
Ilion, NY 13357