

1975-1976

Hosted by Watertown

Team Champion: Beaver River-121

Runner-Up: South Jefferson

Most Outstanding Wrestler: Indian River's Walt Osier

91	Steve Grau	Beaver River
98	Myron Zehr	Beaver River
105	Jamie Ganter	General Brown
112	Joe Ramos	South Jefferson
119	Ron Ingersoll	Lowville
126	Jay Martin	Beaver River
132	Kevin Cooper	Copenhagen
138	Frank Kane	South Jefferson
145	Rick Roberts	South Jefferson
155	Walt Osier	Indian River
167	Gary Houppert	South Jefferson
177	Steve Watson	South Jefferson
Hwt	Gary Wicks	Indian River



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